

“In Season” SPORTS PRACTICE TIMES Spring 2022

Teams	Practice Days	Practice Times	Notes
Basketball (M) afternoon classes	Mon-Fri	9:00am-1:00 pm	Avoid Friday late
Basketball (W) afternoon & evening classes	Mon- Fri	2:00pm-6:00 pm	Avoid Thursday
Men’s Lacrosse	Mon-Fri	11:00 am-1:00 pm	
Women’s Lacrosse games.	Mon-Fri	2:00 p.m. – 5:30	Take classes until 1:45 p.m. Avoid Wednesday classes due to
Golf M/W	Mon-Fri	2:00 p.m. – 6:00 p.m.	Take classes before 1:45 p.m. and Evening turbos. Compete mostly Mon. & Tues.
<u>M/W Swimming</u>			
Monday: No classes before 11:00 AM			
Tuesday: No classes before 9:30 AM and block off 3:30-5:00 PM			
Wednesday: No classes before 10:00 AM and block off 3:00-4:45 PM			
Thursday: No classes before 11:00 AM			
Friday: No classes before 9:30 AM and block off 3:30-5:15 PM			
<u>M/W Diving</u>			
Monday: 5:15-7:15 PM			
Tuesday: 8:30-10:30 AM			
Wednesday: 12:00-1:00 PM			
Thursday: 5:15-7:15 PM			
Friday: 8:30-10:30 AM			
Rowing M/W	Mon-Fri	6:00 a.m. – 9:00 a.m.	Can take 9:30 AM class. No 8: am classes
Tennis M/W	Mon-Fri	11:00am-2:00pm	

Baseball- Please Note: Take classes until 12:15 on T, W, F due games. Can take Take M, TH classes until 2:30 PM. Can take M- TH Turbo's

Softball – Please Note: Take classes until 12:15 p.m. Mon's & Tues's, are best for classes for 6:30 pm turbo's. Avoid Wed/Thurs evening classes. Can take Monday labs

Field Hockey	Mon,Wed,Thurs,	8:00 am-10:00am
	Tues,Wed,Fri	3:30-6:00 pm

Men's Soccer	M-F	10:30 a.m. – 12:00 pm	Can take 8:00 a.m
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Volleyball	M-F	9:00am-12:00 pm
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Cross Country M/W	M-F	2:00 p.m.- 5:00 p.m.	Can take 5:00 p.m. classes
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Women's Soccer	M-F	10:30am-12:30pm
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NCAA Rules: Teams are allowed to practice up to 4 hours per day. Game schedules are on fairfieldstags.com